



Club EIST HEEM

54, RUE OSCAR ROMERO

L-3321 BERCHEM

TEL: 36 92 32-499

E-MAIL: CONTACT@EISTHEEM.LU

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Reegelméisseg Aktivitéiten

méindes	09:00 - 10:00 Auer	Softwalking
	09:00 - 10:30 Auer	Nordic Walking *
	09:30 - 10:30 Auer	Zumba Gold *
	14:00 - 17:00 Auer	Oppene Méindeg
dënschdes	18:00 - 19:00 Auer	Wantertraining *
mëttwochs	09:00 - 10:00 Auer	Softwalking *
	09:00 - 10:30 Auer	Nordic Walking *
	19:00 - 20:00 Auer	Soft Aerobic *
donneschdes	17:00 - 18:30 Auer	Djembé-Cours
	18:30 - 20:00 Auer	Nordic Walking *
freides	10:00 - 11:00 Auer	Qi Gong
	18:30 - 19:30 Auer	Zumba Gold *

Stand: 26. August 2021

* Weider Informatiounen fannt Dir an eiser Broschür.

