



Club EIST HEEM

54, RUE OSCAR ROMERO

L-3321 BERCHEM

TEL: 36 92 32-499

E-MAIL: CONTACT@EISTHEEM.LU

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Regelméisseg Aktivitéiten

méindes	09:00 - 10:00 Auer	Softwalking *
	09:00 - 10:30 Auer	Nordic Walking *
	09:30 - 10:30 Auer	Zumba Gold online *
	14:00 - 17:00 Auer	Oppene Méindeg
mëttwochs	09:00 - 10:00 Auer	Softwalking *
	09:00 - 10:30 Auer	Nordic Walking *
donneschdes	18:00 - 19:30 Auer	Djembé-Cours
	18:30 - 20:00 Auer	Nordic Walking *
freides	10:00 - 11:30 Auer	Qi Gong
	18:45 - 19:45 Auer	Zumba Gold online *

Stand: 02. November 2020

* Weider Informatiounen fënnt Dir an eiser Broschür.

